

Vegetarian at BozWellz

Please keep in mind that any items prepared are made in a kitchen serving meat. Our fryers are also used for cooking seafood and beef products. During normal kitchen operations, there is a possibility for food items to come into contact with non-vegetarian items. If you have questions, please feel free to ask your server.

Appetizers

Build Your Own Nachos.....5.95

Large.....7.45

Voted #1 in Iowa! Homemade corn chips smothered with melted cheddar cheese and served with salsa. Additional toppings black olives, mushrooms, onions, tomatoes, mushrooms, refried beans or jalapenos. (1.00 each for small nachos, \$1.50 each for large)

Nacho Supreme.....9.95

Here it is! The house specialty. A mountain of crisp home-fried corn tortilla chips covered with cheddar cheese, onions, tomatoes, mushrooms and black olives. Served with refried beans and salsa. Sorry, no deletions!

Mozzarella Sticks.....5.95

Deep fried with an Italian herb breading, served with marinara sauce.

Combo Platter.....8.45

Add two Jalapeno Poppers.....2.25

Mozzarella sticks, beer battered onion rings, and cheeseballs

Homemade Chips and Salsa....4.75

Crisp home fried corn chips and homemade salsa

Breaded Cheese Balls.....6.45

Deep fried cheddar cheese served with Ranch

Beer Battered Onion Rings.....5.95

Deep fried and piled, high. Served with Ranch

Homemade Potato Skins.....6.95

The skins of baked potatoes fried crispy and topped with cheese, served with chives and sour cream.

cheese and chives 5.75

extra ingredients 1.00 each

Jalapeno Poppers.....6.95

Stuffed with cream cheese, lightly breaded and served with ranch or homemade salsa

Cheese Fries.....7.95

Seasoned french fries smothered in mozzarella and cheddar cheese and served with a side of Ranch or sour cream

Salads

All dressings are served on the side. Extra dressing: \$.35
We make most of our dressings in house. Mixed greens are spinach, iceberg and romaine.

Taco Salad: Refried beans served on a bed of mixed greens with cheddar cheese, black olives, green onions and tomatoes. Flour tortilla shell optional. \$7.95

Veggie Chef Salad: Made with green onions, egg (optional), cheddar cheese, tomatoes and black olives piled high salad greens. \$5.95 Lg \$6.45

Salad Platter: A generous helping of mixed salad greens, cheddar cheese, red onions and tomatoes. \$4.75

Teriyaki Salad: Greens with green peppers, sautéed mushrooms and mozzarella cheese \$6.45

Dressings: Hidden Valley Ranch, Fat Free Dorothy Lynch, Honey Dijon, French, 1000 Island, Caesar, Red Raspberry Vinaigrette, French, Bleu Cheese, Italian, Poppy Seed, Sweet Balsamic

Sandwiches

All of our sandwiches come with soup, salad, fries or cottage cheese.

Design-a-Deli: Your choice of hot or cold \$8.95

You may choose up to eight ingredients.

Cheese: American, Cheddar, Swiss, Mozzarella, Pepper Jack
Veggies: mushrooms, onions, green peppers, jalapenos, pepperoncini, red peppers, black olives, tomatoes, cucumbers

Reuben: World famous! Try it without meat! Topped with our marinated kraut, Swiss cheese and homemade 1000 Island dressing. \$8.95

½ Deli and Side: Try our Design a Deli, served with a side salad or cottage cheese. \$7.95

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SIDES!

Dinner Salad	3.00
Rice Pilaf	3.00
Baked Potato	2.50
French Fries	2.50
Fresh Baked Garlic Bread	1.00
Fresh Baked Cheese Bread	1.25
Fettucine Alfredo	4.00
Spaghetti with Marinara	3.50
Spanish rice	3.50
Steamed Vegetables	3.50
Sweet Potato Fries	3.25

PASTAHHHH

All of our pasta dishes are made fresh daily in our kitchen using only the finest ingredients, served with fresh baked garlic bread and your choice of soup, cottage cheese or salad

Stuffed Pasta8.95

Manicotti shells stuffed with herbed ricotta, parmesan and mozzarella cheese, topped with our homemade marinara

Spaghetti.....8.45

Our own marinara sauce tops a mountain of fresh spaghetti

Pasta Crock.....8.95

Sautéed mushrooms, green peppers tossed with fettucine noodles and marinara sauce, and melted mozzarella

Fettuccine Alfredo.....9.45

We searched for a long time before we found the best tasting sauce around, no cans or powdered mixes here, fresh daily with aged parmesan cheese.

Add a little extra to this classic:

Steamed broccoli.....11.95

Sautéed Mushrooms.....11.95

Steamed Mixed Veggies.....11.95

Vegetable Stirfy.....9.45

Teriyaki or Sweet Chili

A mix of steamed vegetables over rice pilaf, served with a slice of our famous garlic bread.

MEXICAN! Ole!

All our mexican entrees come with our homemade spanish rice, handfried corn ships and a side of salsa (sour cream .50 , extra salsa .50, guacamole \$1.50)

Burrito.....8.45

A soft flour tortilla filled with cheddar filled with refried beans. Topped with green onions and more cheddar.

Sancho.....8.95

Flour tortilla filled with refried beans. Topped with melted cheese, green onions, lettuce, tomato and black olives.

Pizza!

Available from 5:30-8pm only.

We make our own crust and sauce, we then top it to your specifications with the finest freshest ingredients available.

Please allow extra time.

Taco..... \$13.95

The best! Loaded with refried beans, mozzarella and cheddar cheese, then we top it with loads of our sour cream, shredded lettuce, tomatoes, black olives and green onions, served with a side of our salsa

Vegetarian..... \$13.95

All natural ingredients, sautéed mushrooms, black olives, green peppers, green onions and tomatoes

Because the safety of our guests is of utmost importance to us, we try to make every effort to accommodate guests with specific allergen and dietary needs. Please inform your server of any concerns.